

Smoothie Bowls

The smoothie of
your dreams –
no straw required.

**A variety of fresh recipes and add-ons
to create your dream bowl.**

For those who believe that
good health is WELLth.

Açaí Bowls

Brazilian Bowl ————— \$11.00

(antioxidants, energy, immunity)

Organic unsweetened non-GMO açai + banana + blueberries + strawberries + raspberries + almond butter.

Topped with: banana + bee pollen + raw honey + apple + gluten free granola

Jungle Green ————— \$11.00

(hydrating, anti-aging, vitamin C, Omega 3)

Coconut mylk + kale + spinach + mango + pineapple + almond butter.

Topped with: apple + strawberry + banana + bee pollen + Colorado honey + gluten free granola

Açaí Protein Bowl ————— \$11.25

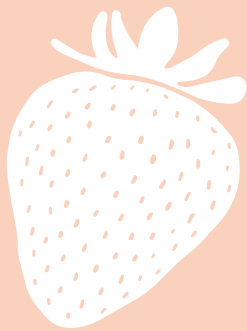
(anti-aging, omega 3, helps build lean muscle mass, muscle recovery)

Organic unsweetened non-GMO açai + plant based protein + banana.

Topped with: strawberries + banana + walnuts + almonds + almond butter

Add Ons

Maca	+ \$1.00
Bee Pollen	+ \$1.00
Cacao Nibs	+ \$1.00
E3 Live	+ \$2.00
Flax	+ \$1.00
Avocado	+ \$2.00
Produce add on	+ \$1.50
Camu Camu	+ \$1.00
Goji berry	+ \$1.50
Baobab	+ \$1.00
Plant Protein Powder	+ \$1.50
Sunpotion adaptogens	+ \$1.00
CBD (10mg, 20mg)	
10mg	+ \$1.00
20mg	+ \$2.00
Collagen	+ \$1.50
Grass Fed Ghee	+ \$1.50
MCT oil	+ \$1.00
Almond Butter	+ \$2.00



www.wellthyliving.com
organic • locally sourced • zero waste